

APR 2020 ISSUE NO. 1

THE PAYATAS PAPER

A STUDENT NEWSPAPER

WHAT'S INSIDE?

LIFE UNDER LOCKDOWN

2

ARTISTS' CORNER

3

IKAW AT AKO

4

MESSAGE FROM THE EDITOR

NICOLE, FAIRPLAY MEDIA OFFICER

Dear readers, welcome to the first issue of The Payatas Paper.

A lot has happened in the previous months. The Covid-19 virus has reached the Philippines and has brought our lives to a halt.

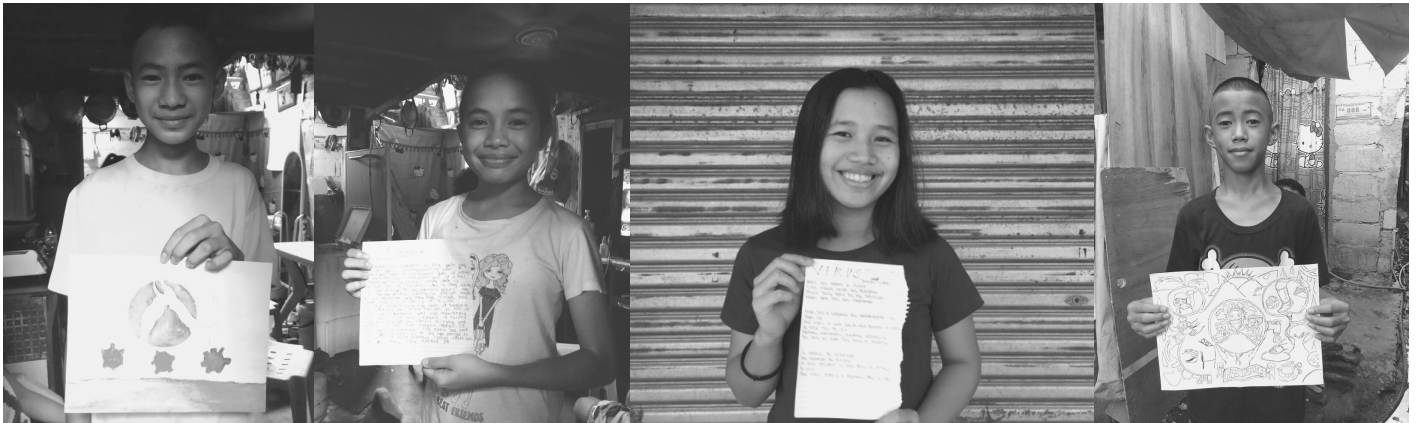
Our community here in Payatas is especially affected as majority of the

people here are not able to work to provide for their families' needs. But amidst all this, let us not forget to show kindness and compassion to one another.

We continue to work to provide food packs for families affected by the lockdown. Most recently, we are able to distribute food packs to 96 families.

To make sure that our scholars are continuously learning during this thime, we have decided to launch this newsletter; a collection of articles, features, and special items where our students can contribute towards.

We hope you enjoy their unique pieces. Thank you for your trust and support.



Fairplay scholars and their works

LIFE UNDER LOCKDOWN

AS TOLD BY ROVIC, 17

Every morning, I start my day by bathing and then having breakfast. Before I could walk out the door, I can already hear the bustling sounds of the streets outside our house. You can hear people having conversations, even engines of vehicles passing by. It's nice to start the day with the community so alive. It's hot outside but people don't seem to mind. Everyone's working on something.

But no one would expect the bizarre events that would come in our lives next. Every time I would watch the TV, I would see heart-wrenching news happening around the world. There was a big fire in Australia,

Taal volcano suddenly erupted, and there were speculations of World War 3 coming. The worst of all was the discovery of a deadly disease caused by a highly contagious virus.

I wasn't able to sleep until morning just thinking about what was happening. When I got out of bed, I immediately washed my face and had breakfast. I was about to walk out the door when Mama said we were prohibited to go outside. I switched on the TV again and there I saw the news of the President of the Philippines announcing that they were implementing a community quarantine because there was a high risk of the disease spreading.

A lot of the people in my community got deeply affected by the news. Most of the people are not able to work, thus, they lack the resources to buy the basic needs of their family.

The following days were difficult. It wasn't the same as before. The world was shrouded by silence. There were no more people in the streets and no vehicles going around. Life was in a stand still. It was as if we were living in a nightmare.

The silence was deafening, you can hear even the slightest sounds like the wind blowing through the trees. It's been a few weeks since the world became silent, but there seems to be something else happening; the trees are starting to bloom, the air feels cleaner, and the clouds look beautiful. It's as if nature is healing.

I thought to myself, maybe it's been so long that humans have been exploiting nature and it's currently breathing. It just goes to show that we are but visitors here and we don't own Earth. We should learn to take care of what we have and hopefully in the next days, this crisis will finally end.

VIRUS

BY BERNALENE, 15

Mahirap bang
manatili sa tahanan
O mas mahirap
hanapin ang kaligayahan.
May mga makulit pa rin na mga
mamamayan
Marami pa rin tuloy ang nahahawaan.

Gutom, takot at pangamba ang
nararamdaman ng bawa't isa
Hindi maalís sa isipan nila, na baka
pagmulat ng mata'y
meron ka na rin pala.
Maraming namamatay, maraming
nakakaligtas
Pero hindi mo alam kung kailan ito
malulutas.

Sa paglubog ng kaliwanagan
Ang pag angat ng kadiliman.
Sa bawat panalangin ay may hiling na
maayos na bukas.
Kaya tayo'y manalangin at magtiwala
lang sa itaas.

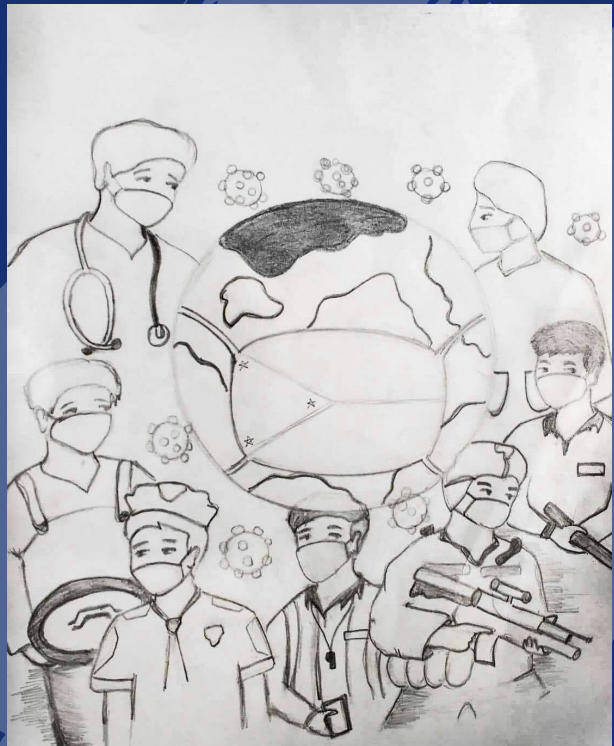
“

ALTHOUGH WE ARE IN A
TOUGH SITUATION, WE
HOPE THAT EVERYONE
CONTINUES TO SHOW
KINDNESS AND COMPASSION
TO ONE ANOTHER.

“

LET US ALL LEARN TO
APPRECIATE WHAT WE
HAVE NOW.

ARTISTS' CORNER



BY LOREN JOYCE, 17

HOW CAN WE STAY HEALTHY & STOP THE SPREAD?

BOOST YOUR IMMUNE SYSTEM



Healthy food – more
fruits & vegetables.



Good sleep.



Good exercise.

STOP THE SPREAD



Wash your hands with soap
for at least 20 seconds
frequently.



Disinfect your house regularly
to kill any virus.



Don't touch other people and stay
at least 3m away from others in
public (social distancing).

Source: World Health Organization

WORD SEARCH

B U M S C C S M G C E M T E F K
 F P F R P O S A W P E P N Z A T
 Z H I E N R M P T D O I S S I V
 X Q B N V G W M I A T R C J R E
 F G P I M S W C U N Y U F Q P C
 N Z Z L H F I G A N D A D C L P
 H M Y T V N R R H C I V P Q A V
 C B L N E E A E X T T T E Y Y U
 M S K O O U X M D K P B Y P R Y
 Q G X R Q N W O D K C O L B D F
 B Y X F S C K M Y H B W R Q I S
 D Q V U G F O X W L Y Q Y J V S
 U N R V B Y U B T C X H P E O D
 O I C Y E Q L F Q L Q F B H C C
 V E T Y V E G E T A B L E D F I
 M E O D N S Y E Y Y D F J J X Y

1. COMMUNITY
2. COVID
3. FAIRPLAY
4. FRONTLINERS
5. LOCKDOWN
6. MEDICINE
7. PAYATAS
8. QUARANTINE
9. VEGETABLE
10. VIRUS

PAYATAS RELIEF OPERATIONS



IKAW AT AKO (COVID-19 VERSION)

BY MELANIE, 17

Sabi nila baling araw darating
 Ang ating tanging hinihiling
 Na gumaling sa virus na kumapit
 Sa ating mga kapwa pinoy
 Ang pag-asang nagmulat sa
 Ating mga mata
 At ang nais na tumulong sa mga
 apektado.

Nang Covid-19 virus na kumakalat
 Ngayon sa buong mundo
 Handa ang frontliners natin
 Ibubuwis buhay nila para sa atin
 Mula noon hanggang ngayon
 Lumalaban pa rin.

